

Contents:

- Two new iCARDIO guideline publications: Ischemic Heart Disease and Heart Failure 2026
- iCARDIO IHD survey published in the International Journal of Cardiology
- iCARDIO Alliance gathers in Munich to share progress on global guidelines
- Moving partnership into implementation
- Coming up: Atrial Fibrillation, Cardiomyopathy, CKM Conditions/MASLD, and Hypertension
- iCARDIO Resources at a glance

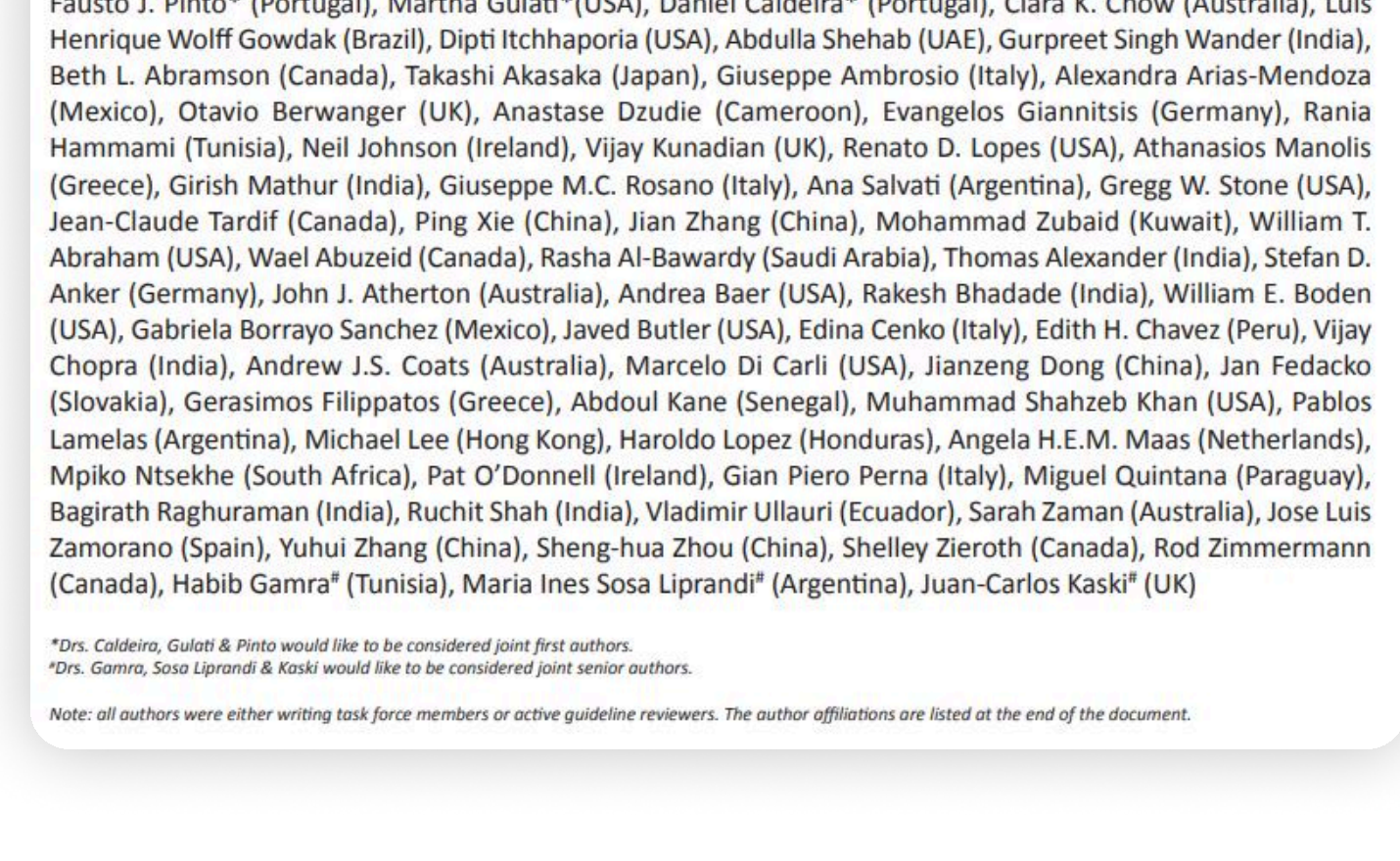
Two new iCARDIO guideline publications: Ischemic Heart Disease and Heart Failure 2026

On 24 August, just ahead of ESC Congress in Munich, the iCARDIO Alliance published two sets of Global Implementation Guidelines: our first Global Implementation Guidelines on Ischemic Heart Disease (IHD) and our 2026 Global Implementation Guidelines on Heart Failure.

The IHD Guidelines cover the diagnosis, treatment, secondary prevention and long-term follow-up of people with chronic ischemic heart disease. They address decisions from risk assessment and medication to revascularization, with recommendations designed for healthcare settings at different resource levels.

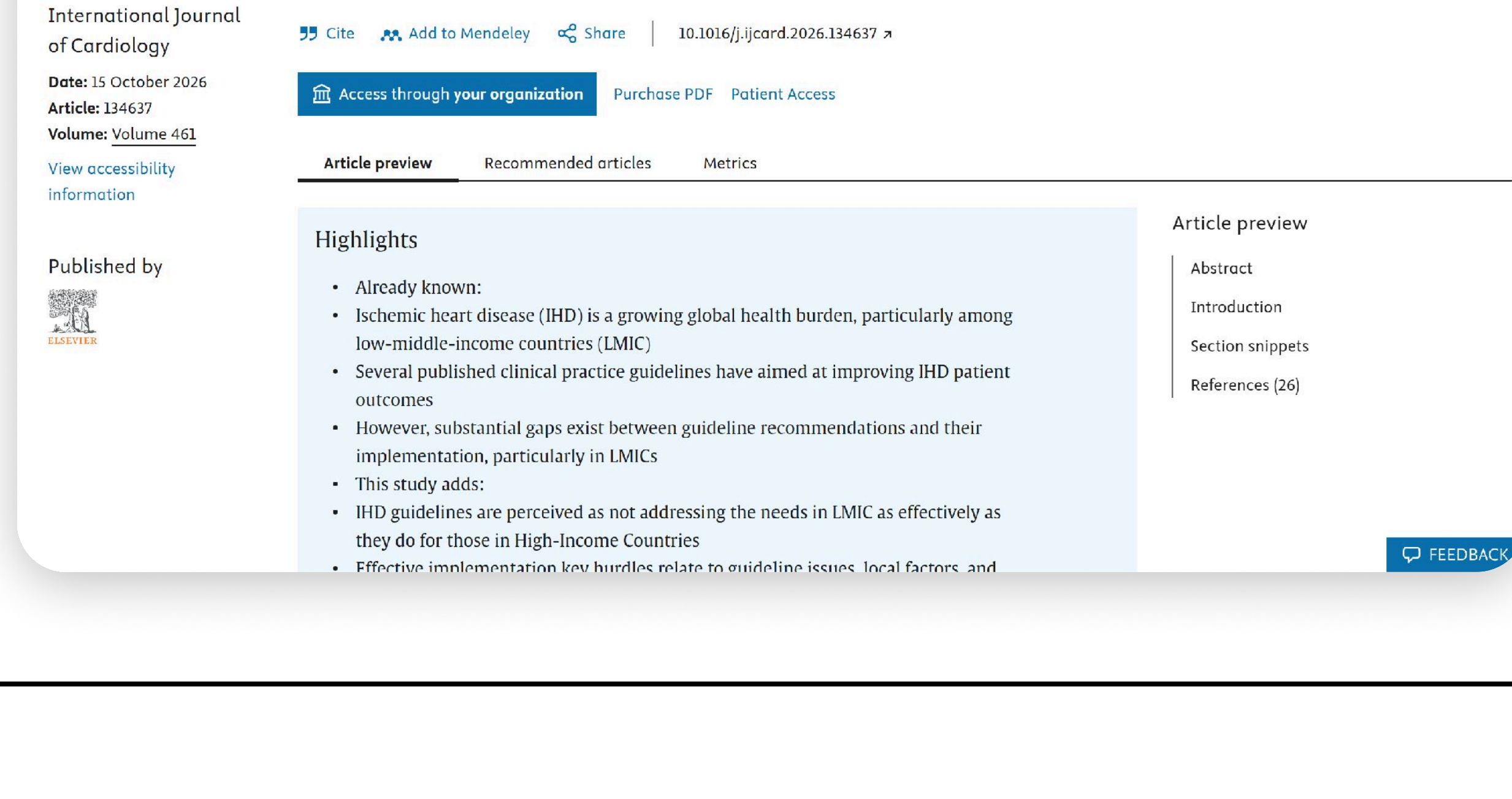
The 2026 Heart Failure Guidelines include new evidence, including studies published as recently as June 2026. They address the classification of heart failure by ejection fraction and updates recommendations on therapies including cardiac glycosides, vericiguat and cardiac myosin inhibitors. They also revisit guidance on GLP-1 receptor agonists for patients with HFpEF and obesity, and on preventive vaccination.

Published together, the two documents reflect the Alliance's focus on turning current evidence into practical guidance that clinicians can use across diverse healthcare systems. Both are available via the [iCARDIO Alliance website](#).



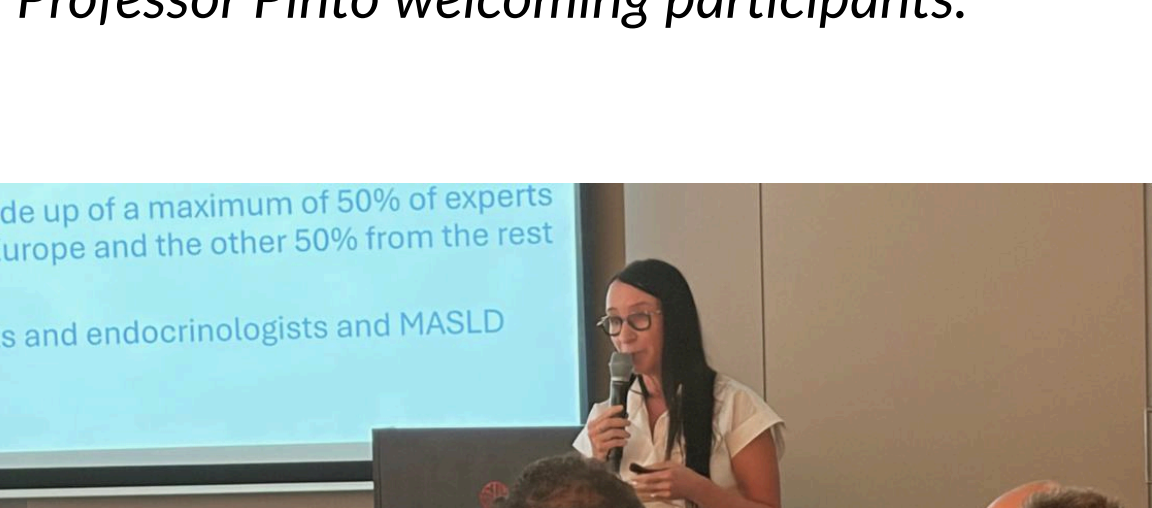
iCARDIO IHD survey published in the International Journal of Cardiology

Our survey on the use of ischemic heart disease guidelines, compiling responses from 587 clinicians in 97 countries, has been published in the International Journal of Cardiology. Its findings highlight the gap between international guideline recommendations and their use in practice, particularly in low- and middle-income countries. Respondents identified cost and the limited relevance of some guidance to their settings as major barriers, calling for recommendations tailored to different economic settings, broader regional representation among authors and easier digital access. These insights reinforce iCARDIO's focus on Global Implementation Guidelines that clinicians can put into practice wherever they work.



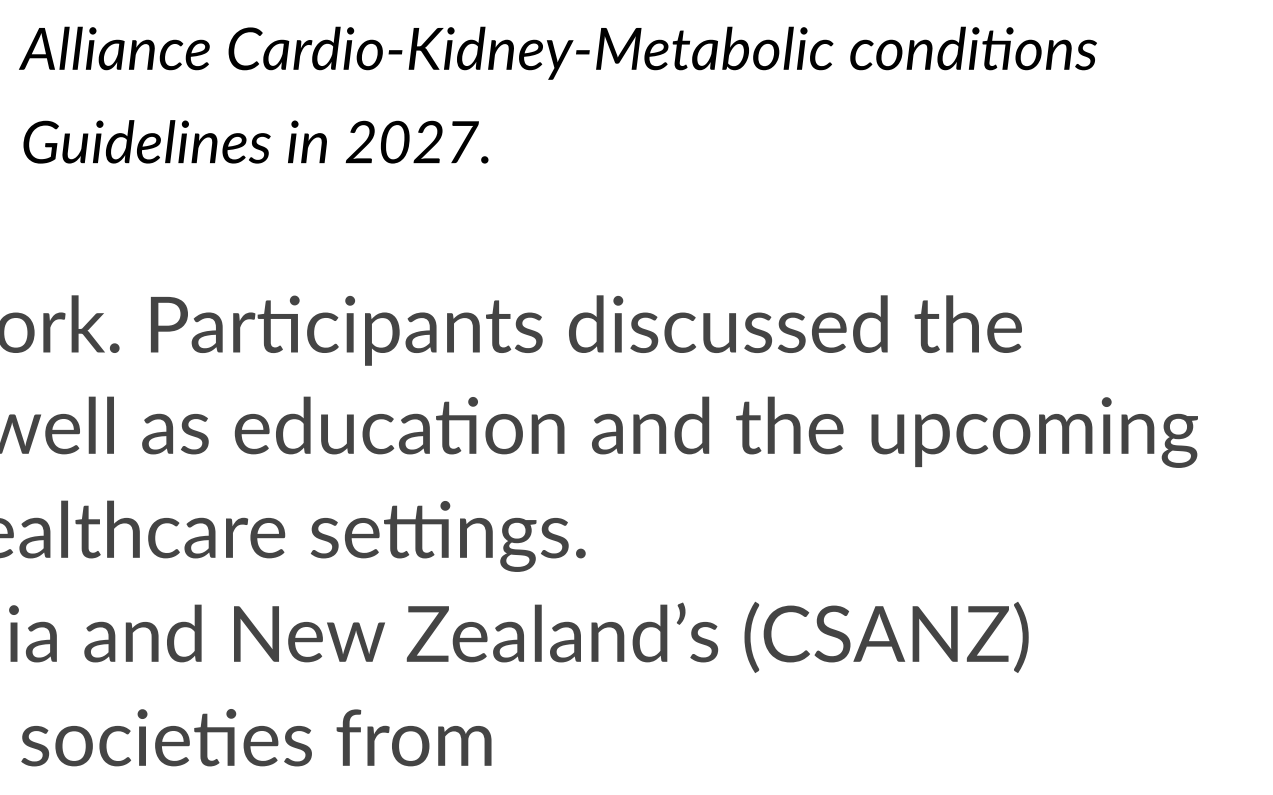
iCARDIO Alliance gathers in Munich to share progress on global guidelines

On 30 August, iCARDIO Alliance members and partners gathered alongside the ESC Congress in Munich for a lively update on the Alliance's Global Implementation Guidelines. Chaired by Professors Shelley Zieroth and Fausto Pinto, the well-attended meeting brought together clinical leaders, partner societies and colleagues from around the world.



Professor Pinto welcoming participants.

Professors Vijay Chopra and Stefan Anker discussed the 2026 Heart Failure Guideline update and our upcoming Obesity Guideline update. Professor Zieroth outlined the recently published Ischemic Heart Disease Guidelines and our Guidelines in the pipeline: Atrial Fibrillation, followed by Cardiomyopathy and Cardio-Kidney-Metabolic conditions in 2027.



Professor Zieroth addressing the upcoming iCARDIO Alliance Cardio-Kidney-Metabolic conditions Guidelines in 2027.

The conversation also focused on putting our Guidelines to work. Participants discussed the Guidelines' concise recommendations and economic tiers, as well as education and the upcoming iCARDIO App as ways to support clinicians across different healthcare settings. Professor John Atherton shared the Cardiac Society of Australia and New Zealand's (CSANZ) experience with iCARDIO Guidelines. A roundtable of partner societies from four continents – CSANZ, the Gulf Heart Association, the Pan-African Society of Cardiology and the Inter-American Society of Cardiology, brought local perspectives to an energetic discussion on implementation.

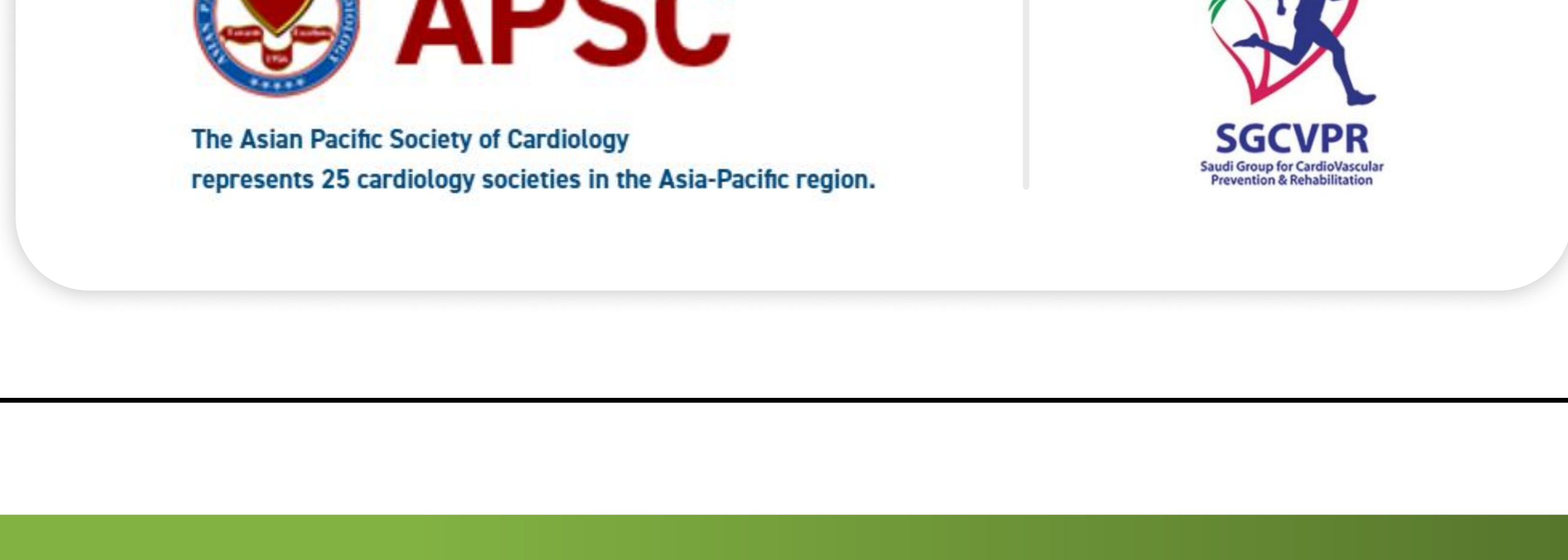
As Professor Pinto noted in his closing statement, "The Alliance is moving fast – and our partners are moving with us." Thank you to everyone who joined us in Munich.

Moving partnership into implementation

The Alliance's network has grown to 26 partner organisations, with Asian Pacific Society of Cardiology and the Saudi Group for Cardiovascular Prevention and Rehabilitation our most recent new members.

Our partners' contribution begins well before guideline publication, with partners' recommendations of experts for guideline task forces and peer review teams. Once iCARDIO Guidelines are published, our partners bring them to clinicians through their own networks and activities. Feedback from those efforts helps the Alliance refine its approach to implementation across different healthcare settings.

We welcome introductions to cardiovascular, cardio-kidney-metabolic and patient organisations, as well as healthcare networks and hospitals. For further suggestions of potential partners, please contact Veronica Dean, Guidelines Director, at vdean@tmacademy.org.



iCARDIO Alliance publishes policy on AI in guideline development

As AI changes how medical evidence is researched and communicated, the iCARDIO Alliance has set clear ground rules for its use in developing Global Implementation Guidelines.

Aligned with guidance from the International Committee of Medical Journal Editors, the Committee on Publication Ethics, and the World Association of Medical Editors, our AI policy provides a clear approach in a fast-changing area: AI may assist the work, but our human experts remain responsible for the accuracy, originality and conclusions of every guideline.

Task Force members must disclose material use of AI and verify any content it helps produce. To protect confidential manuscripts, peer reviewers may neither upload them to AI tools nor use AI to draft substantive reviews. Decisions about scientific merit remain with our human editors.

The [policy](#) is available on the iCARDIO Alliance website. It will be reviewed regularly and updated as technology and publishing guidance evolve.

Coming up: Atrial Fibrillation, Cardiomyopathy, CKM Conditions/MASLD, and Hypertension

With our latest guidelines just published, work is advancing on the next topics in the iCARDIO Alliance programme. We are currently working on an update of our 2025 Obesity Guidelines. Our Atrial Fibrillation Guidelines, addressing a major cause of stroke, heart failure and hospitalisation worldwide, will be entering the Public Review process in November, ahead of publication early next year.

Our Cardiomyopathy Task Force, reflecting strong geographical and gender representation, has started work, and recruitment is under way for our Cardio-Kidney-Metabolic Conditions/MASLD Task Force, which will consider care for patients living with these interconnected conditions.

Looking further ahead, the iCARDIO Alliance is preparing a Hypertension Task Force, with work expected to begin in January 2027.

iCARDIO Resources at a glance

See [iCARDIO Alliance website](#) for all our latest updates

Guidelines

Ischemic Heart Disease

- iCARDIO Alliance [Global Implementation Guidelines on Ischemic Heart Disease 2026](#)

Published in Global Cardiology: 24 August 2026 ^{New!}

Heart Failure

- iCARDIO Alliance [Global Implementation Guidelines on Heart Failure 2026](#)

Published in Global Cardiology: 24 August 2026 ^{New!}

- iCARDIO Alliance [Global Implementation Guidelines on Heart Failure 2025](#)

Published in Global Cardiology: 1 May 2025

- HF Guidelines [slide set](#)

Obesity

- iCARDIO Alliance [Global Implementation Guidelines for the Management of Obesity 2025 - Focus on prevention and treatment of cardiometabolic disease](#)

Published in Global Cardiology: 30 September 2025

- Obesity Guidelines [slide set](#)

Articles

- IHD Survey Article – [Applicability of ischemic heart disease clinical practice guidelines in low- and middle-income countries](#)

Published in International Journal of Cardiology: 15 October 2026 ^{New!}

- Obesity Survey Article – [Applicability of obesity clinical practice guidelines in low- and middle-income countries](#)

Published in Global Cardiology: 30 June 2025

- Guidelines Advisory Board Editorial – [The Global Implementation Guidelines Initiative: how to optimize cardio-renal-metabolic care worldwide](#)

Published in Global Cardiology: 16 April 2025

- HF Survey Article – [Applicability of heart failure clinical practice guidelines in low- and middle-income countries](#)

Published in European Journal of Heart Failure: 30 March 2025

Policies

- iCARDIO AI Policy – [iCARDIO Alliance Guidelines' Policy on the Use of Artificial Intelligence in its Global Implementation Guidelines](#)

^{New!}

If you have any questions or comments, please feel free to contact

dporter@icardio.org

Thank you for your continued support!

With warmest wishes,
The iCARDIO Team

Follow us on social media

