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## A Busy Summer for iCARDIO Alliance Guidelines

August will be an important month for the iCARDIO Alliance, with the publication of the Global Implementation Guidelines on Ischemic Heart Disease (IHD) and the first update to our Global Implementation Guidelines on Heart Failure.

Our IHD Guidelines address one of the world's greatest causes of death and disability and represent the third full guideline developed through the iCARDIO Alliance's uniquely international process. Covering diagnosis, risk stratification, prevention, pharmacological therapy, revascularization, management of special populations, and long-term follow-up, the Guidelines are designed to provide practical recommendations that can be implemented across diverse healthcare settings worldwide. As with all iCARDIO Guidelines, they include resource-adaptive recommendations that take into account the realities of care delivery in different health systems.

Work is nearing completion on the 2026 Focused Update to our first ever Global Implementation Guidelines, on Heart Failure, originally published in May 2025. This first Guideline update incorporates important new evidence and practical recommendations on vericiguat, cardiac glycosides, cardiac myosin inhibitors, preventive vaccination strategies, and obesity-related HFpEF.

Together, these publications reflect the continued growth of the iCARDIO Guideline project and our commitment to providing practical, globally relevant guidance that supports implementation and improved cardiovascular outcomes across all resource settings.

The Public Review of the HF Guidelines Update will open in July, and we will be inviting healthcare professionals, stakeholders, and members of the public to review the draft update and provide feedback. Your input will help ensure these recommendations remain practical, implementable, and globally relevant. Public Review details will soon be available on the [iCARDIO Alliance website](#).

## iCARDIO Guidelines Gaining Recognition on the Global Cardiology Stage

The first half of 2026 has seen growing international recognition of iCARDIO's implementation-focused Guidelines on Heart Failure and Obesity care.

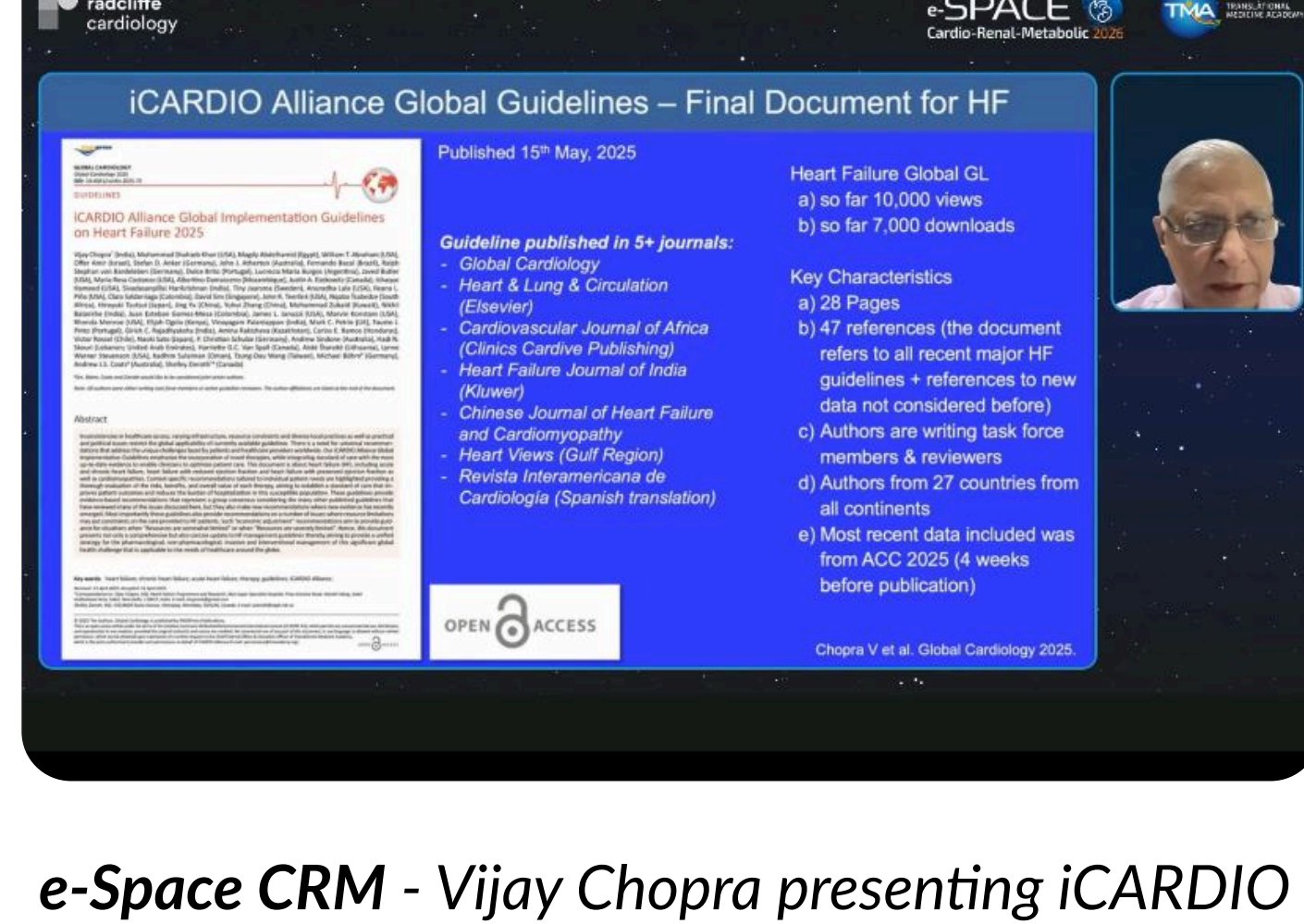
In March, iCARDIO recommendations were featured alongside those of major international societies in a review article published in ESC's Heart Failure, highlighting the Alliance's practical guidance on therapies for HFpEF and obesity-related HFpEF.

iCARDIO Guidelines were also showcased at major international congresses, including the European Congress on Obesity (ECO) 2026 and Heart Failure 2026, where leading experts discussed iCARDIO recommendations and treatment algorithms as part of presentations on contemporary cardiovascular care.

These milestones reflect the increasing visibility of iCARDIO's work and its growing contribution to global cardiovascular guideline development and implementation.



**ECO 26 - Naveed Sattar presenting iCARDIO Obesity Guidelines, May 15**



**e-Space CRM - Vijay Chopra presenting iCARDIO HF Guidelines to a global audience, April 10**

## In the Pipeline: Atrial Fibrillation, Cardiomyopathy, CKM Disease/MASLD, and Prevention

iCARDIO Global Implementation Guidelines continue to expand, with important projects on the way. We're progressing on iCARDIO Guidelines on Atrial Fibrillation (AF), the most common sustained cardiac arrhythmia worldwide. AF remains a major cause of stroke, heart failure, hospitalization, and premature death.

We are also starting work on iCARDIO Cardiomyopathy Guidelines, with our Task Force taking shape with strong geographical and gender representation. Discussions on guideline scope and content are underway.

Preparations are also beginning for iCARDIO Guidelines on Cardio-Kidney-Metabolic Disease/MASLD, focusing on the management of patients living with these increasingly interconnected conditions. Recruitment of the Task Force is ongoing. Looking ahead, work will begin later this summer on building Task Forces for future guidelines covering Prevention, Hypertension, and Dyslipidemia, with all groups expected to begin work in parallel in January.

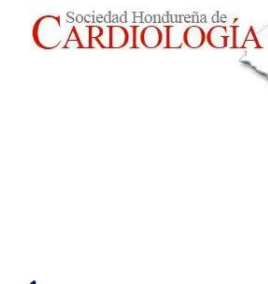
## iCARDIO Global Network Grows to Support Guideline Dissemination and Implementation

We are delighted to welcome the International Society of Nephrology (ISN) as the newest member of the iCARDIO Alliance, bringing our global network to 24 partner organizations.

Our partners play a vital role in both the development and dissemination of iCARDIO Guidelines. By nominating experts for Guideline Task Forces and peer review, and by sharing the Guidelines through their own networks and activities, they help ensure our recommendations are practical, globally relevant, and widely implemented.

We continue to welcome cardiovascular, CKML, and patient organizations, as well as healthcare networks and hospitals, to join this growing international community. To learn more or refer a potential partner, please contact Veronica Dean, Guidelines Director, at [vdean@tmacademy.org](mailto:vdean@tmacademy.org).

## PROFESSIONAL SOCIETIES

|                                                                                    |                                              |                                                                                     |                                                                         |
|------------------------------------------------------------------------------------|----------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
|  | American Society for Preventive Cardiology   |  | Asian Heart Society                                                     |
|  | Association of Physicians of India           |  | Canadian Cardiovascular Society                                         |
|  | Cardiac Society of Australia and New Zealand |  | Chinese Heart Failure Association                                       |
|  | Gulf Heart Association                       |  | Heart Failure Association of India                                      |
|  | Heart Success Foundation                     |  | Honduran Association of Cardiology                                      |
|  | Hypertension Society of India                |  | Inter-American Society of Cardiology                                    |
|  | International College of Cardiology          |  | International Society of Nephrology                                     |
|  | Italian Federation of Cardiology             |  | Italian Heart Failure Association                                       |
|  | National Heart Failure Committee (China)     |  | Obesity Canada<br>(Edmonton, Alberta, Canada)                           |
|  | Pan-African Society of Cardiology            |  | Roland Hetzer International Cardiothoracic and Vascular Surgery Society |

## PATIENT SOCIETIES

|                                                                                    |                                                                    |                                                                                     |                  |
|------------------------------------------------------------------------------------|--------------------------------------------------------------------|-------------------------------------------------------------------------------------|------------------|
|  | International College of Cardiology                                |  | Global Heart Hub |
|  | The Heart Life Foundation<br>(Vancouver, British Columbia, Canada) |                                                                                     |                  |

## iCARDIO Resources at a glance

See [iCARDIO Alliance website](#) for all our latest updates

### Guidelines

#### Heart Failure

- iCARDIO Alliance [Global Implementation Guidelines on Heart Failure 2025](#) Published in *Global Cardiology*: 1 May 2025
- HF Guidelines [slide set](#)

#### Obesity

- iCARDIO Alliance [Global Implementation Guidelines for the Management of Obesity 2025 - Focus on prevention and treatment of cardiometabolic disease](#) Published in *Global Cardiology*: 30 September 2025
- Obesity Guidelines [slide set](#)

### Articles

- Guidelines Advisory Board Editorial - [The Global Implementation Guidelines Initiative: how to optimize cardio-renal-metabolic care worldwide](#) Published in *Global Cardiology*: 16 April 2025
- HF Survey Article - [Applicability of heart failure clinical practice guidelines in low- and middle-income countries](#) Published in *European Journal of Heart Failure*: 30 March 2025
- Obesity Survey Article - [Applicability of obesity clinical practice guidelines in low- and middle-income countries](#) Published in *Global Cardiology*: 30 June 2025

If you have any questions or comments, please feel free to contact [dporter@icardio.org](mailto:dporter@icardio.org)

Thank you for your continued support!

With warmest wishes,  
The iCARDIO Team

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